



CXT-200 Corner Multi-Functional Trainer
TUFFSTUFF FITNESS INTERNATIONAL

BASE UNIT CXT-200

- Patented compact and space efficient, designed to fit in a corner.
- Open frame design supports use of benches, stability balls, balance boards, Bosu trainers and ground based exercises.
- (2) 150 lbs. steel weight stacks (optional 200 lbs.).

FIXED LAT & PULL-UP STATION:

Dual pulley system with independent single handle movement can be bridged together for lat bar workouts.

ADJUSTABLE PULLEY STATION:

15 position pulley columns feature unique dual resistance ratio.



SINGLE CABLE: 1/4 resistance.



DUAL CABLE: 1/2 resistance.

FIXED LOW ROW STATION:

Dual pulleys system with independent single handle movement can be bridged together for low row bar workouts.

SMITH PRESS ATTACHMENT CXT-225

- **Optional** attachment bolts to CXT-200 frame structure and base.
- Encased, self-aligning heavy duty linear bearings press system with angled weight prongs to maximize corner usage.
- 7° slant design mimics the body's natural press motion.

SOLID STEEL BAR CATCHES:

Fifteen (15) Smith bar catches and safety stops allow heavy plate loaded barbell exercises to be safely performed.

ROTATING ACCESSORY RACK:

Solid steel, rotating storage rack provides convenient storage for standard accessories.

- Lat Bar
- Low Row Bar
- Squat Bar
- Nylon Handles (2 pairs)
- Ankle Strap
- Cable Bridge Bracket

STORAGE BAR CATCH:

Press bar can be secured on the highest peg for pull-ups and allows unrestricted use of the CXT-200 cable stations.

SMITH PRESS SYSTEM:

Durable knurled aluminum 1-5/8" press bar with 46-inch inside grip width. Starting weight at 30 lbs. (System is rated to 540 lbs. maximum load capacity).

SAFETY FEATURE:

Built-in fully adjustable safety stopper.

Weight plates not included.

**Three separate cable stations
deliver unlimited exercise
options from one machine . . .**

- Kneeling Lat Pulldown
- One Arm Row
- Low Row
- Low Back Extension
- Pull Up & Chin Up
- Standing Tricep Pressdown
- Overhead Tricep Extension
- Tricep Kickback
- Cable Crossover
- Standing Press
- Alternating Press
- Offer Up
- Wood Chop
- Core Rotation
- Sit Up
- Bent Leg Raise
- Straight Leg Raise
- Rear Delt Fly
- Shoulder Press
- Alternating Press
- Lateral Raise
- Front Lateral
- Upright Row
- Inner & Outer Thigh
- Glute Kick
- Calf Raise
- Lunges
- Squat
- Standing Curl
- Single Arm Curl

. . . and more when used with
optional bench or stability ball.



3 machines in one!



Fixed lat pulldown station



Adjustable pulley station



Option: multi-purpose bench



Option: stability ball

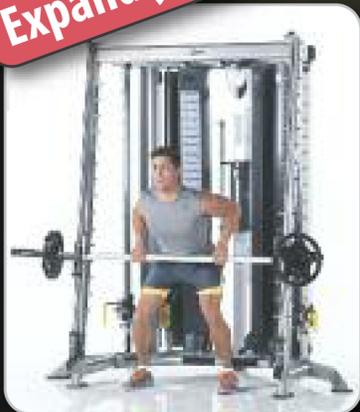
Perform dozens of safe and secure traditional barbell and body weight exercises.

- Squat
- Upright Row
- Bent Row
- Lunges
- Pull up
- Calf Raise
- Incline Pushup
- Inverted Row
- Tricep Dip
- Hamstring & Back Stretch

... and more when used with optional bench or stability ball.



Expand your training!



Provides safe barbell exercises



Functional body weight training



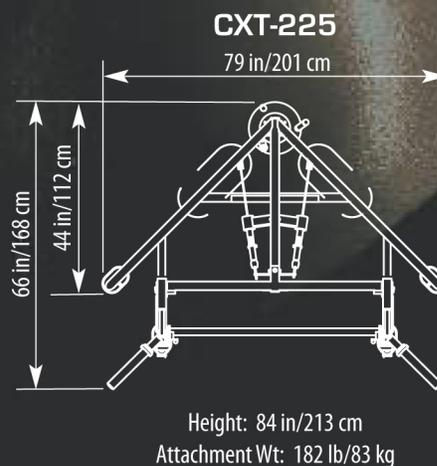
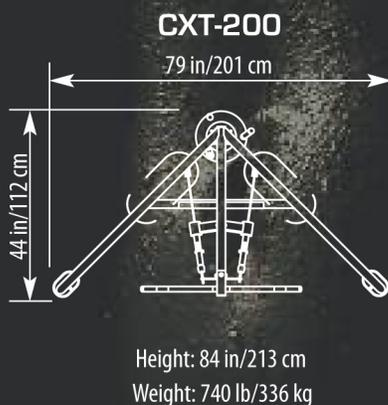
Option: bench exercises



Stretching exercises

SPECIFICATIONS, FEATURES & WARRANTY **CXT-200**

- 2 x 4" 11-gauge oval tubular steel with 3"x3" tubular steel upright support.
- All welded construction by inert-gas MIG welding conforming to Structural Welding Code-Steel Standards and Specifications.
- Eight-step electrostatically applied powder coat finish – Platinum Sparkle main frame and Cathedral Gray weight stack protective shields.
- 3/16" and 1/8" USA-Made/Certified EXERFLEX PRO® high performance fitness cable.
- 3/4" solid steel 1045 (tgp) hard chrome finish guide rods.
- 1/2" push-pull spring loaded solid steel adjustment pins with ultimate load of 9040 lbs. and 46042 psi sheer strength.
- Internally encased 2" sealed bearings (load rating of 2400 lbs.) on the fixed high pulleys and solid steel pivot axles with oil-impregnated bronze bushings on the swivel handles.
- TuffStuff's proprietary "flat-groove" 4-1/2" and 3-1/2" fiberglass-impregnated nylon pulleys with sealed roller bearings.
- All frame bolts and nuts are 3/8" and 1/2" zinc oxide. Meets ANSI specifications.
- Solid steel, coiled lanyard magnetic selector weight pin with ball-end to ensure tight connection and secure fit.



LIGHT COMMERCIAL WARRANTY:

- 10 YEARS:** Frames, welds, cams and weight plates.
2 YEARS: Bushings, pivot bearings, gas-shocks, pulleys, and guide rods.
1 YEAR: Linear bearings and pull-pin components.
6 MONTHS: Finish, cables, upholstery, and rubber grips.

ALL OTHER PARTS not mentioned, one year from the date of purchase to the original purchaser.

Light Commercial Use: Light Commercial warranty applies only to facilities like hotels, apartment complexes, personal training studios, fire & police stations, etc. where the equipment would be used by no more than 30 people per day.

HOME LIFETIME WARRANTY*

Lifetime on everything to the original purchaser when used only in a HOME environment, applies to defects from manufacturer only.

* See Owner's Manual for details.

NOTICE: TuffStuff continually engages in research related to product improvement. As a result, the product received by the customer may differ slightly from its published description. Improvements in materials, production techniques and design refinement may at any time be introduced into our products. TuffStuff reserves the right to make changes in its product without notice.



TUFFSTUFF FITNESS INTERNATIONAL INC.